



The Great White Plague

By William Schnoebelen ©2013

My son, eat thou honey, because it is good; and the honeycomb, which is sweet to thy taste: (Prov.24:13)

This time of year the sale of candies skyrockets in preparation of the coming “helliday” of Halloween. Sales will continue to rise as we approach Christmas. Because of this, it seems a good time to explore one of the greater spiritual and physical perils of the season. Candy’s poison!

First, there is the possibility that candy being handed out could be poisoned or cursed by satanists to defile the minds and bodies of our children. We have addressed that previously in articles on our Free Resources webpage and also in our new DVD, **Halloween, Unmasking Hellnight**. But that is NOT the primary concern of this article - we want to warn people about a larger problem, the **Great White Plague!**

The GWP is an absolutely vile plague upon both the spiritual and physical health of Believers and their children. It consists of three things: **white sugar, white flour and high fructose corn syrup**. As many of you know, I am a naturopathic doctor (ND) and have dealt with many folks suffering from chronic illnesses. Most were consuming large amounts of these foods.

Before we go further, I must share this warning our government (pretty much **run** by Big Pharma) *requires* I say before discussing health – even though we supposedly have **freedom of speech**: *“I am not a medical doctor, and the statements contained herein are for educational and religious purposes only and are not intended to treat, diagnose or cure any disease. You should seek out the advice of a qualified health care professional before making any changes to your diet or health programs.”*

Now you might ask – preacher, what does this have to do with spiritual matters? Why are you telling me what to eat and not to eat? What does this have to do with the Gospel and the Kingdom? Well, be patient. The answer just might shock you. Let’s begin with a Scripture discussing our bodies, which **are** temples of the Spirit (**1 Cor. 6:19**). Paul tells us here that our bodies are *not our own*. They have been bought and paid for by Yahushua (Jesus) on the cross of Calvary. We belong to Him. Are you with me so far? Good!

If your body belongs to Him, doesn’t He have some say about what you put in it? Well, you might ask, *“Where in the Bible does it say it’s wrong to eat white sugar or white bread?”* Of course the answer is – **nowhere**. Neither *even existed* in those

days. They were unheard of! But neither were childhood obesity or heart disease. That right there ought to give pause. But before we pursue this line of teaching further, let me give you some essential facts.

A Modern Epidemic?

It has really only been in the last century these things (the GWP) existed. They are artifacts of 20th century greed. It has only been since the refining and processing of sugar and flour that health issues plaguing our nation have skyrocketed.

Why white bread and white sugar? Simple answer: Economics. With the rise of industrial food production and supermarkets, refined and processed foods were highly sought by manufacturers because in general, they have longer shelf life. Why do they last longer? Because most bugs, rats and other varmints have a survival mechanism that keeps them from eating poison. Bugs, bacteria and enzymes cause spoilage and these “items” (they are NOT foods) have been *utterly denatured*. Do you remember the slogan, *Wonder Bread Builds Strong Bodies 12 Ways?*

That wasn’t just marketing. White bread came along in the first half of the 20th century and folks discovered children were getting profoundly sick eating it because of vitamin deficiencies. The flour was stripped of all its goodness! Your body cannot recognize white bread or sugar as food! You might as well be eating Styrofoam. So the government mandated that bread makers add synthetic vitamins to their bread. One of the MD’s who trained me said that this was like mugging someone (the whole grain flour) and stripping them absolutely naked (white bread). Then, you give them back their socks (“enriched” flour)! Not a good arrangement.

The Bread of Death

Bread – and wheat in general – causes health issues because of the way it has been grown during the past century. It has now become virtually indigestible – *in any* form! This is why so many people have celiac disease and **gluten sensitivity!** Gluten is present in all forms of wheat, including whole wheat. It is in many other grains too - like barley and rye. The spread of gluten sensitivity has become so profound that many supermarkets and almost all health food stores now have large “gluten-free” sections where you can buy breads, mixes and cereals that are free of gluten.

Here is the problem! Wheat has had the living daylighters hybridized out of it. This is forbidden in the Bible (**Deut. 22:9**). Even though the verse deals with vineyards, you can see by the context that the chapter is dealing with not mixing diverse things of *any* kind.

The wheat of Moses’ day was *NOTHING* like what you find in the store. Because your digestive system cannot recognize it as food, your immune system **treats it as a pathogen**. The result? **Chronic inflammation and weight gain**. Gluten can literally *kill* you – slowly! If you wish to read more on this, we recommend the excellent book **WHEAT BELLY** by William Davis, MD. Let’s continue...

Sugar Bowl Killer!

Americans continue eating more and *MORE* sugar. Annual sugar consumption has exploded from 40 pounds in 1900 to **130 pounds** in 2012 according to FORBES magazine! That is almost half a pound a day! Just like flour, today's sugar is NOT the sugar of our ancestors. It has been *denuded* of all nutritional value and is just empty calories and carbohydrates! Again, this is to prolong shelf life, but *NOT your life*. It has also been proven to be more addictive than heroin.

Studies have proven that eating white sugar contributes to metabolic syndrome, insulin resistance (pre-diabetes) and diabetes. There is a reason that so many children are now obese and diabetic. It is the sugar in their *non*-food diets.

Please understand that when I am talking about sugar, I do not **just** mean the white stuff in the sugar and candy bowl. I am talking about sugar in soft drinks and also simple carbs in breads, rolls, and cereals (gluten free or not)! Many parents and schools have made efforts to restrict soda from their children, but then replace them with juice or sports drinks that have *just as much – or more - sugar in them!*

All of these things are relatively void of nutrition and make your sugar levels go up like *crazy*. This taxes your pancreas that produces insulin; and insulin is the hormone your body uses to control the sugar (glucose) in your bloodstream. To be sure, we need some natural sugar to survive and thrive, but not **nearly** as much as most people consume.

If you keep pouring sugar into into your body you will *wear out* your pancreas! It gives up. What does that mean? It means you are either almost a diabetic or you ARE a type II (non-insulin dependent diabetic). Diabetes is a silent killer, because people cannot tell if they have it. Essentially diabetes, if it is not managed, will age you *MUCH* more rapidly.

Franken-Sugars Rising!

More monsters have been added to the sweetener mix in the past generation. These include fructose corn syrup (HFCS) and “*artificial sweeteners*” like Aspartame, etc. Both are chemicals that are extremely processed into Franken-sugars!

These are early entries into what eventually became the GMO (genetically modified organisms) nightmare. This topic could fill a book, but suffice it to say that we **STRONGLY** advise you avoid eating foods that have been genetically modified. Since the FDA (which is essentially *owned* by the big chemical companies like Monsanto) will not mandate labeling of GMO foods, the only way a consumer can protect themselves from these ghastly things is to eat **organic** food and *avoid all processed foods like the plague*. This is a good idea anyway, but has been rendered **essential** by GMO seeds of corn, soybeans, beets and other crops.

HFCS is almost *always* **made** from GMO corn. That is reason *enough* to not consume it. HFCS has crept into everything from soda to “health foods” like yogurt and granola. Please read your labels! Because HFCS is so concentrated a sweetener, it causes blood glucose levels to abnormally spike.

As mentioned above, if that happens often enough and long enough, two things are likely to happen: 1) Your pancreas gives up and 2) you start packing on weight – especially around your midsection. Most soda is loaded with HFCS and so are many well-advertised “healthy” sports drinks and juices. This is why children and teens are getting so obese. It used to be that the only sort of diabetes children contracted was “juvenile diabetes.” Buy now we are seeing type II diabetes at younger ages. Though most do not know it, diabetes is an **extremely** life-threatening illness – especially if not managed. Once a child is diabetic, it means a life of medication and perhaps insulin. Not a bright prospect.

There ARE natural ways of helping diabetes. The point is, it is easier to **PREVENT** it by keeping yourself and your child off of wheat, sugars and especially HFCS.

Satan's Sweet Poisons!

You do NOT want to give your children artificial sweeteners. Aspartame (NutraSweet, etc.) is toxic. Many doctors and alternative health practitioners warn that it is *essentially a neuro-toxin* – especially if heated. Recent patent information has come to light that reveals that aspartame is actually made from the waste products (poop!) of *E. coli* bacteria! Though sold in “diet” drinks, the paradox is – aspartame packs on the pounds the more you drink it.

Recently, I was waiting in line at the store. In front of me was a fellow who must have weighed at least 380 pounds. His cart was packed full of – you guessed it – *Diet Mountain Dew!* The sad thing is, he probably thought he was doing the right thing by buying “diet!” If he had been drinking pure water instead of that swill, he WOULD have lost some weight!

Chemically, aspartame (like MSG – an additive in a lot of Chinese food) is known as an *excito-toxin*. Such things are designed to make your brain think food tastes better than it does. Tragically, these excito-toxins stimulate the brain to such a degree that brain cells can be killed within hours.

No substitute sweeteners are good for you. Sorbitol, xylitol, mannitol, and maltitol: These sugar alcohols are made from sugar *but altered enough to legally be considered sugar free*. None are good for you, and side effects include gut pain and diarrhea. Even xylitol has been found to be lethal in animals.

Which brings up another serious problem: **chewing gum!** It could be the most dangerous thing in the supermarket for your children - not just because of the sweeteners - but also because of BHT and titanium dioxide (which can cause Crohn's disease and asthma!). The “gum” that you're chewing is probably mostly made of paraffin wax and acetate!

THE LIBERATOR

“*And proclaim liberty throughout the land...*”

Lev 25:10

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The Big C Factor

Finally, one of the best possible reasons to **drastically** reduce the amount of sugar you eat is the fact that **cancer loves sugar** even more than you do! *Sugar feeds cancer cells*, which are ravenous because they grow so rapidly.

I believe one of the primary reasons we are losing the “War on Cancer” that Nixon started in 1972 is because we are eating *SO MUCH MORE* sugar now. Consumption of sugar has almost doubled since 1970! To be sure, there are many other toxins in the environment, plus artificial sweeteners and GMO foods. But sugar is a **major** culprit.

I personally know several people (including myself) who – upon finding out that they had cancer – *stopped eating sugar altogether* and went on a strict “Candida diet.” (Candida is invasive yeast that can take over your body if you do not have enough probiotics in your gut and/or if you take antibiotics or birth control pills). When we stopped eating sugar and started drinking *lots* of pure water, the cancer began disappearing. In my case (in 1980) I made green leafy juices and ate a vegetarian diet (**Gen. 1:29**) and the cancer **vanished and has not returned**. Countless others have had similar results.

If you fear cancer, one of the best things you can do is *drastically* reduce your sugar and simple carbohydrate intake. Avoid foods that Yahuweh says, in His Word, are abominable (essentially pork and shellfish). Eat a lot less processed foods and eat more natural, whole foods like vegetables, nuts and seeds. All of these have little sugar and are rich in fiber – which also helps prevent cancer.

Cleansing the Temple

There is hope in all of this. As you can see, sugar is a nutritional thief and destroyer (**John 10:10**). The average adult consumes 22 teaspoons per day. Imagine what that does to your strength and your immune system!

Yahuwah wants us to be healthy (**3 John 1:2**). Essentially, these modern industrial sugars and sweeteners are spawn of the evil one! As mentioned earlier, your body (if you are saved) is a **temple** of the Holy Spirit. What you feed your body is a kind of burnt offering on the altar of your temple. (Digestion essentially is a form of combustion)

As mentioned, sugar and all these other sweeteners are manufactured or hybridized foods that make them unclean according to the Bible (**Deut. 22:9**). Things processed are also suspect, as Yahuwah makes it clear He wants His offerings to be natural and free of “tools” and artifice (**Ex. 20:25**). Ideally, only natural offerings should go into His temple!

The proof of its spiritual danger is the glaring evidence of how *addictive* sugar is. It is bondage, just like nicotine or illegal drugs, and every bit as bad for your body. Prayer can help break this bondage (**John 8:36**)! Again, you may question how spiritual an issue this is, and we are *not* saying if you eat sugar you are going to hell. **Certainly not!** This isn’t a salvation issue, but sugar addiction *can* make your life hell.

However, any substance – whether alcohol (which has a lot of sugar incidentally) or sugar – which destroys your body and impairs your judgment needs to be examined *carefully*! You may ask how sugar impairs one’s judgment. It causes “brain fog,” which weakens a person’s focus and will and causes emotional highs and lows in the body’s chemical reactions.

Additionally, have you ever been around a sugar addict when they do not have any? They get headachy, cranky and irritable in the same way as other addicts who are jonesing for a fix. They most certainly are not “**peaceable, gentle, and easy to be intreated, full of mercy and good fruits...**” (**James 3:17**) It becomes difficult for them to express the attributes of charity in **1 Cor. 13 (long suffering, kind, bearing all things, enduring all things...)**. Does sugar mean more to you than your shalom in Yahuwah? Is your body a pure Temple?

If you have a sweet tooth there are natural sweeteners that are actually good for you like the herb stevia (100 times sweeter than sugar) and also yaçon syrup. Neither of these will affect your blood sugar! If you are not at risk for diabetes, of course you can use honey - but make it *raw, organic honey*. Feast on Yahuwah’s Word and its sweetness (**Ps. 19:10**) and stay clear of the poisons of chemical companies and Phactory Pharms!

Praise Reports!

Thank you, Bill! ... bless you and Mary abundantly, as HE uses you to share such treasures with us! There is incredible power in using HIS true name, and I am very happy to see you sharing this. – J.R.

Just ordered a copy of your new DVD! So excited! What a great ministry tool this is going to be! Shalom! – M.B.

I highly recommend this book [ROMANCING DEATH] and the ministry of brother Schnoebelen. The Bible is clear about the demonic onslaught that would be leveled against Christians, especially those who battle the forces of darkness and have been given insight the average Christian does not have... – A.G.

Thanking and praising Abba for the mighty ministry yesterday. The Holy Spirit ROCKS!!!!!! Thank you for your loving and patient ministry to me during these past weeks/months. You are truly set-apart for such a time as this for the Remnant of Yisrael. I praise and thank Abba for you and Mary and your ministry each day. We are blessed to have you to teach us and show us the way to true liberation in Yahuwah. We are ever yearning to be spotless before Him! – R.K.

I would rather be hungry for the word of God than to be for the things of this world! I love MASONRY BEYOND THE LIGHT - J.G.

I am so Thankful I discovered With One Accord Ministries to reveal the TRUTH, the LIGHT in this darkened age! Thank you Jesus for raising up this ministry! R.N.

There is so much I could say, but beyond thank you for staying in the fight, I will say this. In my experience (almost 30 years as a pastor), there are few – *if any* – ministries in the world that can teach and provide the information that you precious folks at With One Accord can! Your knowledge of the occult and cults – and more importantly - of the Bible is astounding! You are an amazing resource. Plus, you minister with rare kindness, gentleness and discernment. Truly you both are treasures to the Kingdom! Keep up the good work. May God bless you! We will be praying for you daily! – D.C.

Thank you, Bill, for all the work you do! Keep up the work of attacking the hosts of hell! – S.D.



Notes From Mary

Shalom! Bill and I want to thank everyone who has stood with us in prayer these past months - warfare seemed to escalate one-hundredfold from August into October as we prayed through some really tough deliverances! BUT YAHUWAH! We praise Yahushua for His Blood Covering during the high ‘unholy’ days of lammastide (Aug 1st) and the counterfeit satanic holidays celebrated in September and October.

Autumn is my absolute favorite time of year, and celebrating Biblical Feasts instead of satan’s ‘false flag’ revelries (such as Halloween) ALWAYS brings sanctification, power and blessings to His Set Apart people! Bill and I pray that, as the season brings opportunities for you and your family to follow His Biblical Feasts (especially Shabbat, or Sabbath), you will have the wisdom and strength to turn away from the UNBiblical traditions of men! Obedience to Scripture - especially regarding the Sabbath - brings unprecedented joy and deeper understanding of the Word from heaven!

Again, thanks to everyone who has donated to WOA these past few months. We rely on your gifts and donations to HELP SPREAD THE POWER OF YAHUWAH’S WORD! We are able to serve **because of your faithful generosity**. As you may know, there are several projects on hold because of cost issues. The website could be updated with sound and video files (free teachings) and a video camera needs to be purchased to film the much-anticipated teaching series, *THE TREASURE GUARDIANS!*

Please stand with us and become a monthly donor or give a special love gift so these vital projects can get underway!

May our Father bless and keep you, and make His Light to shine upon you!
Thank you for your prayers - Because Yahushua Lives!

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HALLOWEEN UNMASKING HELLNIGHT.

In this anointed teaching, Bill shares compelling historical and Scriptural evidence on Halloween’s origins and how it is a Biblically “unclean thing” which no Christian – or their child – should touch (**2 Cor. 6:17**)! This is an excellent ministry tool!

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