

MIKVAH - LIGHT FROM LIVING WATERS

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A Mikvah or ritual immersion in water is a very ancient, sacred, extraordinary form of blessing and worship when entered into with a contrite heart. More than symbolic, this Scriptural cleansing is intended to bring us closer to Abba - where Yahushua is seated, enthroned. When we enter the Mikvah waters, pray and completely submerge ourselves, Yahuwah hears our words and sees the deliberations of our hearts in a way that is pleasing to HIM. With Yahushua as our primary example (He had no need of cleansing OR repentance but obediently fulfilled the mandate), let us consider what is both obvious about Mikvah and the more subtle, deeper aspects of this Biblical act of contrition, immersion, and re-birth.

Is the Mikvah Scriptural? Absolutely.
Are we commanded to Mikvah? Yes!

The prophet John (*Yahuchanan*) ministered repentance to the people through Mikvah – and thousands answered his call - in preparation for the coming of Messiah. There, in the River Jordan, John also ministered Mikvah to Yahushua to mark the beginning of His public ministry. If Yahushua Himself submitted to Mikvah before going into the desert to receive instruction from His Father (and face temptation by the enemy), how much more should we embrace this practice?



Most agree that EVERY Believer, at least ONCE in their life, is commanded to enter into the cleansing waters of Mikvah as an outward sign of faith and to follow the example of Yahushua.

Christianity calls it *baptism*, which comes from the Greek word BAPTIZO, meaning to immerse. **But the practice did not originate with John.** Immersion in water actually appears at the very foundations of Torah. It is a prayerful, full immersion in water, an element rich with Biblical symbolism.

But in what context, and where, does the idea of *water* first appear in the Scriptures?

And the earth was without form, and void; and darkness was upon the face of the deep. And the Spirit of Elohim moved upon the face of the waters. – Gen. 1:2

In the first half of the verse we see the words “without form and void” (Hebrew TOHU V’BOHU), implying emptiness, chaos and desolation. The word for RUACH (Spirit) moving is RACHAPH (raw-khaf - #7363). Its primary meaning is to brood, flutter, move or shake. The word for “deep” here is TEHOME, meaning a **watery abyss** or a **vast mass of water**. This vast, formless watery abyss required a miraculous Spark from RUACH to COME ALIVE. In hovering over deep waters to conceive life, RUACH gives us a foreshadowing of just how our redemption in a void, fallen world would come. Just as RUACH hovered over the deep before the foundations of the earth, RUACH also HOVERED OVER a virgin - her womb empty of life - to bring us Salvation with the miraculous conception of Yahushua Messiah.

Abba chose to keep Yahushua’s miraculous beginning upon the earth hidden from the profane until His time of Mikvah; in the same way, only the Father and His heavenly court were witness to the life infusing ‘brooding’ ministrations of RUACH at the beginning of creation. At that moment, the waters of this world became exalted with LIFE GIVING power from the MOST HIGH!

In the Biblical act of creation, notice that Yahuwah divided the waters above the earth by a firmament (verse 7) and then divided the waters from the dry land (verse 9). But what about verse 20?

And Elohim said, Let **the waters bring forth abundantly the moving creature that hath life, and fowl that may fly above the earth in the open firmament of heaven.**

The waters first **quicken**ed by RUACH brought forth **ALL LIFE!**

So, is water the source of all life in this world? There is nothing more vital to us except the air we breathe!
This is a foundational concept within the Scriptures.

In Genesis 7 we see the cleansing power of water used in its most dramatic way during the flood, when all the perversion and wickedness of humanity - and of the evil Nephilim - were wiped off the face of the earth. Water can bring death as well as life from the Creator. While water has many uses and symbolisms in the Torah, the most significant for our concern here appears in Exodus 40, where Moses receives the instructions for setting up the *Mishkan B'Midbar*, or tabernacle in the wilderness:

7 And thou shalt set the **laver between the tent of the congregation and the altar, and shalt put **water** therein...**

This is followed by a brief discussion of the anointing and consecration of the laver (which is just a large brass tub). But look at verses 12-13, where we learn the purpose for this sacred article of cleansing:

12 And thou shalt bring Aaron and his sons unto the door of the tabernacle of the congregation, and **wash them with water.**

13 And thou shalt put upon Aaron the holy garments, and anoint him, and sanctify him; that he may minister unto me in the priest's office.



So, the key here is that through the Almighty's design for spiritual cleansing, the Mikvah achieves and marks an outward testimony and act of obedience to the Torah so we might enter into His Presence. Before entering into the Set-Apart service of the KING of Kings, Mikvah is required. **Remember! According to Peter, since Calvary we are ALL part of a Set-Apart, royal priesthood (1 Peter 2:5,9)!**

Consider the ritual power of cleansing with water in Leviticus 14-15: Those with leprosy (among other plagues) are first healed through Yahuwah's mercy, THEN they are ritually cleansed through the use of sacred waters.

Interestingly, in Numbers 31:23ff, water is even used for the cleansing of pagan objects or spoils that the Israelites acquired when taking the Promised Land. These waters are actually referred to as "**the water of separation**"! Separation is another word for Set-Apart or QADOSH (Holy) unto Yahuwah! Prayerfully used by a Set-Apart person, water can make unclean things clean or Set-Apart!

Of course in Jeremiah 17:3, Yahuwah Himself is called the "**fountain of living waters.**" This is further emphasized in Ezekiel 36:25. The idea that water SHOULD be used to symbolically cleanse us from spiritual wickedness is evident:

Then will I sprinkle clean water upon you, and ye shall be clean: from all your filthiness, and from all your idols, will I cleanse you.

Most Believers are familiar with Biblical references to John baptizing throughout the Jordan Valley wilderness, but this was not something new to the Hebrew people. HOWEVER, with prophetic vision, John moved the doctrine of the Mikvah outside and away from the temple - which had become defiled by the corrupt priesthood of his day. Remember, John was the son of a *Kohen* (priest), Zechariah, and he was acting in his priestly office OUTSIDE the temple. The people knew this. So did the Sadducees.

In John 4:10, Yahushua draws on the concept of living water (MAYIM CHAYYIM) from the writings of the Prophets:

If thou knewest the gift of Elohim, and who it is that saith to thee, Give me to drink; thou wouldest have asked of him, and he would have given thee **living water.**

Yahushua also promised His disciples that:

He that believeth on me, as the scripture hath said, out of his belly shall flow rivers of **living water. – John 7:38**

Finally, the author of Hebrews exhorts us:

Let us draw near with a true heart in full assurance of faith, having our hearts sprinkled from an evil conscience, and our bodies washed with pure water.

– Heb. 10:22



This was undoubtedly a well-understood reference to the Mikvah, or baptism, practiced by the Set-Apart Hebrew people during Yahushua's time. Messiah Himself participated in this cleansing. All we need do is examine the Scriptures to see that Mikvah, like the Biblical Feasts and other Scriptural observances, were part of Yahushua's ministry and are still valid for us as Believers today.

There is one more insight I wish to share of a more personal nature. Some years ago as I was preparing to do a major conference in Roswell on UFOs and the occult, I saw into the Spirit.

The vision showed me that *the power of the*

*Blood of Yahushua was extraordinary, because it was **literally the Blood of Elohim** (Acts 20:28). Its power to cleanse and heal is *infinite*. Additionally, as it poured out from Yahushua's wounds on the cross, it seeped into the ground. First, it covered the mercy seat of the Ark of the Covenant that, according to the findings of Ron Wyatt, was hidden in the cave just under the crest of Golgotha. This was also prophecy fulfilled! But then, because of its INFINITE power, the Blood of our Savior permeated further into the earth and seeped into all the land and eventually, into the seas and waters of the earth.*

But remember, accord to the eyewitness testimony of John the Evangelist, blood AND WATER flowed forth from Yahushua's side on Calvary (**John 19:34**). This "living water" flowed forth WITH THE BLOOD into all parts of the earth and its waters. Thus, when you prayerfully do a Mikvah, you are immersing yourself in the living waters of Yahushua and His shed Blood! The miraculous cleansing and healing properties of Yahushua's sacrifice on Calvary have NOT diminished! Meditate upon this as you enter into the power of the Mikvah – you will find it **an incredible tool of spiritual warfare!**



For most Believers, after dedicating their life to Yahushua they are encouraged to do a public Mikvah in witness to that conversion. What some think of as full-immersion baptism is actually a kind of Mikvah. But is once enough? Being human, we all need times of deep reflection, repentance and yes, Mikvah. Though it is a commonly held belief in Christianity that after salvation and baptism further cleansing and Mikvah is no longer necessary - actually, that was not the practice in ancient Israel or during Yahushua's lifetime. Neither is the 'once is enough' mentality witnessed in the Torah.

Let me explain...

In Lev 15 it is implicit in the Scripture that women are called to Mikvah after ending their menses. Some believe this refers only to abnormal discharge or menses. The point is, we are to Mikvah as a symbol of cleansing and purification.

Mikvah is a celebration of the Life given to us not only through Scripture but also through Yahushua's example. It clearly symbolizes Ruach ha Kodesh's spiritual balm bestowed through the Blood and Water flowing forth from Yahushua's side on Calvary's Cross. It is a very tangible way to dispel spiritual darkness residing in us from the world and bring His marvelous LIGHT back into our temples after *Teshuvah* (repentance). The Light manifested through Mikvah is **so vital** for us today that the need to reflect, repent, pray and WORSHIP Abba for His power and restoration in this way cannot be emphasized enough. We can ALL do this because of the Blood of the Lamb of Yahuwah and the anointing and indwelling of the Ruach!

After many years of dedicated ministry and prayer, we recommend Mikvah for those embracing a Nazarite vow - both before starting and after ending a vow. Also, we have seen GREAT spiritual power and shalom enter into the lives of those we have prayed with for deliverance when they Mikvah afterwards. Remember, it is traditional to do a Mikvah before Yom Kippur (the Day of Atonement in the Autumn) and also before Passover (in the Spring). Doing a Mikvah is one of the VERY BEST WAYS TO fortify and strengthen the gift of your [Armour of Light \(Rom 13:12\)](#).

To Learn How to Do a Mikvah See Below



HOW TO PREPARE FOR & DO A MIKVAH



1. PREPARE YOUR HEART

Pray a few or many of the cleansing, healing Psalms out loud (Psalms 19:12; 26:6; 41:4; 51:2; 51:7) Earnestly pray and dedicate the Mikvah to Yahushua.

2. FILL A TUB with warm water, adding in a dash of sea (or Himalayan) salt. Get into the water and sitting quietly, pray something like this:

Baruch ata Yahuwah Avinu Melech ha-Olahm asher kid-shanu bi-tevilah b'mayim chayim.

(Blessed are You, Yahuwah, our Father, King of the Universe, Who makes us holy by embracing us in living waters.)

Bashem Yahushua ha Mossiach, Omain (In the name of Yahushua the Messiah, Omain.)

3. NOW, REPENT AND ASK ABBA to forgive you in Yahushua's Name for any transgressions or sins you have committed. If the Ruach brings something comes to mind, speak it out loud, even if only a whisper. Ruach hears and knows.

4: ASK ABBA TO WASH YOUR SINS AWAY, and to CLOSE ANY DOORWAYS that may have been opened. Close doorways to ALL 'contamination' and defilement through false headship, abuse, sexual sins, etc..

5: ASK & YE SHALL RECEIVE: Ask Yahushua and His Ruach to speak to you, anoint you, be with you, and accept this Mikvah as a token of your devotion and love. Dedicate yourself through a verbal confession to Yahushua.

6. NOW, IMMERSE YOURSELF while holding your nose, submerging as much of yourself as possible in the tub - **make sure your head gets wet.**

7: REST. LISTEN. PRAY. BE THANKFUL!

8: We suggest praying this BLESSINGS PRAYER immediately following your Mikvah (Attached Below).

BLESSINGS OF YAHUWAH

A Prayer to Bless the Soul

(Psalm 103)

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Psalm 103:1, 2 Bless **Yahuwah**, O my soul: and all that is within me, bless His Set-Apart Name. Bless **Yahuwah**, O my soul, and forget not all His benefits: **Psalm 103:22** Bless **Yahuwah**, all His works in all places of His dominion: bless **Yahuwah**, O my soul.

We are the blessed of **Yahuwah**. **Yahuwah's** sword is drawn against those that seek after our souls. The spear of **Yahuwah** is aimed against those the evil one has sent to persecute us. No evil communication shall be successful against us because we are **Mar YAH's (LORD YAH)** servants. No curses spoken against us, released towards us, or sent our way by the wicked or the religious shall be successful against us this day. They will not light upon us but slide to the ground, sterile and non-effective.

We are under HIS authority. We are under HIS Blood. We are under the whole armor of **Yahuwah**. Every weapon formed against us shall misfire and return to those who sent it. We declare we are **Mar YAH's** darling (Psalm 35:17) and the favored of **Yahuwah**. WE are HIS SEGULAH (Ex. 19:5). A **Yosef** (Joseph) mantle is upon us. We are set-apart for such a time as this. In the spirit world, we walk with a coat of many colors. We have the wisdom to prevail and solve mysteries, the strength to persevere, and the mind to excel and succeed.

Yahuwah we ask You to bless our:

- Blood to flow right!
- Heart to beat right!
- Bones to be strong!
- Muscles to carry us where we need to go!
- Skin to insulate and seal us!
- Organs to function the way You intended when You put us in our mother's womb! *And our*
- Youth to be renewed like the eagles'!

Yahuwah please bless us for length of days and bless our lives with a crown of righteousness upon our head, a garment of praise above us, and a Talit across our shoulders to do what we are called to do. Send **Malakov** (angels) to stand guard all around us and keep our steps and prosper our way. Give us great stamina. Put a wall of Ruach fire about us and Your canopy of fire over us. We ask You **Yahuwah** that Your banner be placed over our heads like a personal rainbow. Please bless us this day for an encounter with the **Ruach Ha Qodesh (Holy Spirit – Spirit of Holiness)**. We open every aspect of ourselves to draw in from that encounter - so our face glows with Your glory and Your Name abides within our hearts. **Yahuwah's** glory shall be seen upon us and shall influence all who come in contact with us.

HIS NAME יהוה - **Yahuwah** - SHALL BE WRITTEN UPON OUR FOREHEADS AND HIS TORAH WRITTEN IN OUR HEARTS.

Abba, please bless us to be in the right place at the right time and to walk with Your **Ruach Ha Qodesh** before our fellow man and family. We shall walk right into destiny and divine appointments today. If there is catastrophe today, we shall not be there when it happens. We shall be hidden in **Yahuwah's** pavilion. If there is violence today, we will not be there; **Yahuwah's Malakim** (angels) shall direct us away from the path of the violent. We will hear of it, but it will not come near to us. We are not under the circumstances, under the weather, or under fire. We are mounting up and abide under the shadow of the Almighty's broad wingspan. We shall rise above it all.

Our enemies may spread nets for our feet, but we shall see their pit and step around their trap. We shall escape; yet they shall fall into the very hole they prepared for us. This day, **Yahuwah** is in the process of frustrating the tokens of the liars. He is bringing great controversy and confusion to our enemies' camp. Confusion totally drowns those that would dare tamper with **Yahuwah's** purposes for our life.

We do not just believe we are blessed; we walk it out. We shall demonstrate it. **Yahuwah** decrees it to be so through His Torah. We speak that the mountains be brought down, our valleys be brought up, and the path of **Yahuwah** be made straight in our life. Our way is not too hard nor the path too difficult.

We are alive by **Yahuwah's** decree. We shall stay alive and be active and productive. Our life will be full of **mitzvot** (commandments or good deeds), so that when **Yahuwah** decrees our time is up we will not linger nor languish, but have treasures to lay at the Master's feet. It shall be a life well lived! Bless the Name of **Yahushua** forever and ever!" **Omein!**

Yahuwah's blessings rest upon us this day. We are pleasing to **Abba Father** and He enjoys our fellowship. We are well-favored and more than able to receive His abundant provision. **Yahuwah's Malakov** accompany us on our right hand and on our left – before us and behind us. They shall guide us! **Yahuwah's** goodness and mercy shall lead us and follow close behind us and be the guardians between us and our future and our past.

Yahuwah has determined we shall have success because we move in faith and strong courage. Our eyes shall see the salvation of **Yahuwah**. He shall keep us safely under His wings and pinions. We pray this day for protection and deliverance from evil. We shall not stumble nor fall, for **Ruach Ha Qodesh** has anointed our eyes with balm to see clearly and given us ears to hear precisely. We will be wise in our generation. Our soul rests in **Yahuwah's** shalom.

Yahuwah has declared us to be strong and pleasing in His sight. We will eat the fruit of His promises in the land of the living and enjoy long life and length of days because we have wholly trusted in **Yahuwah** our **Abba**. Our habitation is a place to rest in His love, find hope for tomorrow, and joy that strengthens us as we rest upon our bed. He shall restore our souls and give us rest in the stillness and quietness of our home.

In our prayer chamber, the **Ruach ha Qodesh** shall birth a creative and powerful mind and give us sound ideas that bring promotion and great favor. He shall give us fresh anointings and bless the work of our hands with good results. **Yahuwah** is pleased with us and has placed His Name upon our foreheads and hearts! When we call upon Him He will show us great and mighty things we know not of according to His Set-Apart D'var - Word!

We pray all this in **Yahushua haMossiach's** Name, Omain!

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