

What books does Bill recommend for further studies on health and wellness?

We do have two DVDs, the [MEDICAL CONSPIRACY](#) and also [BULLET PROOFING YOUR IMMUNE SYSTEM](#) plus a small book, [STRAIGHT TALK ON WELLNESS](#). That is available for free download on our website under the tab FREE RESOURCES.

I am working on a larger book, but it is still in the works because I am struggling to find the time to finish it.

Other resources I can heartily recommend would be Dr. Christopher's site (Dr. Christopher's Original Formulas). We actually sell his products very reasonably, but we do it offline.

Another good one would be Dr. Richard Schulze (It think it is www.herbdoc.com)

Finally, for a broader but still good source of information, www.mercola.com You will find that some of these resources recommend a vegetarian diet and a few do not (such as Mercola). That is your choice, and may be regulated by individual factors such as metabolic type and blood type. But generally, I think vegetarian diet is healthier for most.

In terms of books, I can recommend:

Mark Pederson, NUTRITIONAL HERBOLOGY

Dr. John Christopher, THE SCHOOL OF NATURAL HEALING

Sandra Livingston DR. MOM (oriented toward child care)

James Duke, GREEN PHARMACY

George Malkmus, WHY CHRISTIAN GET SICK and THE HALLELUJAH DIET

Donna Gates, THE BODY ECOLOGY DIET - **outstanding book on your diet**

David Wolf, SUPERFOODS and THE SUNFOOD DIET

James A Duke, PhD. HERBS OF THE BIBLE

G. Edward Griffin, WORLD WITHOUT CANCER **(this will make your blood boil!)**

Dr. Gabriel Cousins, RAINBOW GREEN, LIVE FOOD CUISINE

This is just a start. There are individual books for specific health issues as well. Of course, **not all of these authors are believers**; (some are Mormon, some are rather New Age) but there are all very wise in terms of health, Vitalism and herbology.

www.withoneaccord.org

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