

EREV SHABBAT

(Sabbath eve – Friday night)

BLESSING OVER THE CANDLES

Shabbat and Festivals are all welcomed into the home by the lighting of candles. According to custom, at least two candles must be lit. The time for the lighting of candles precedes sunset in order to avoid inadvertently transgressing the Torah prohibition of kindling fire on Shabbat. There is a general custom of lighting candles 18 minutes prior to sunset.

It is traditional that the Mother of the home lights the candles, wearing a veil over her head. After she lights them, she should shut her eyes and offer short silent prayers for those things that are closest to her heart. Then she opens her eyes, and makes beckoning motions in front of the candles as if drawing the candle flames towards herself. This symbolizes the welcoming and embracing of the coming *Shekinah* (Set Apart Spirit). Then she says:

ON SHABBAT EVE

Baruch atah **יהוה** Avinu Melech ha-olahm, asher kidshanu b'devaro uishmo anaknu haneryot shel Shabbat.

BLESSED ART THOU, O **יהוה** OUR FATHER, KING OF THE UNIVERSE, WHO HAS SET US APART BY HIS WORD AND IN WHOSE NAME WE KINDLE THE SABBATH LIGHTS.

ON FESTIVALS ONLY (Yom Kippur, Rosh Hashanah, etc.)

Baruch atah **יהוה** Elohaynu Melech ha-olahm, asher b'devaro uishmo anaknu haneryot shel Yom Tov.

BLESSED ARE YOU, O **יהוה**, OUR ELOHIM, KING OF THE UIVERSE, WHO HAS SET US APART BY HIS WORD AND IN WHOSE NAME WE KINDLE THE FESTIVAL LIGHTS.

Baruch atah **יהוה** Avinu Melech ha-olahm, **she-cheheyanu**, v'kiy'manu, v'higi'anu la-z'man ha-zeh.

BLESSED ARE YOU, O **יהוה**, OUR FATHER, KING OF THE UNIVERSE, WHO HAS KEPT US IN LIFE AND PRESERVED US AND ENABLED US TO REACH THIS TIME.

(Optional: It is now traditional to sing “Shalom Aleichem” – peace be unto you!)

L’Cha Dodi – Come my Beloved (optional)

(Chorus) Come my beloved to welcome the Bride, the presence of Shabbat we receive. (twice)

“Observe and Remember” in one divine utterance, we heard from the One and Only Elohim, **יהוה** is One and His Name One, for renown, for splendor and for praise.

(Chorus)

Shake off the dust, arise! Dress in garments of glory, my people, through the Son of Jesse, the Bethlehemite, and redemption draws near to my soul.

(Chorus)

Wake up, wake up! For your light has come, awaken, awaken, and sing a song, for the esteem of **יהוה** is revealed to you!

(Chorus)

(Chorus in Hebrew) L’Cha Dodi leek-raht kalah, panay Shabbat n’kablah (twice)

Sha-more v’za chor b’dee-boor Echad heesh-meah-noo ale hahm-yoo-chad, **יהוה** Echad oo-shmo Echad, l’shame ool-tee-feh-ret v’leet-lah.

(Chorus)

Heet-na-ah-re may-ah-fahr koo-me, leev-she beeg-day teef-ahr-taych ah-me, ahl yahd ben Yee-shy bair ha-lahch-me kahr-va el nahf-she f’ah-lah,

(Chorus)

Heet-oh-r’ree Heet-oh-r’ree key va ohraych koome oh-ree, ooree, ooree sheer da-bay-ree k’vode **יהוה** al-la-yeech neeg-lah,

(Chorus)

The Barchu (Blessing)

The Leader (usually husband or father) rises and says:

Baruch atah **יהוה** ham'vorach!

BLESS **יהוה** WHO IS TO BE PRAISED!

All reply:

Baruch atah **יהוה** ham'vorach le olahm vayed!

BLESS **יהוה** WHO IS TO BE PRAISED FOR ALL ETERNITY!

All sing or recite the Shema – Deuteronomy 6:4-9

Shema Yisrael, **יהוה** Elohaynu, **יהוה** Echad
Baruch Shem, Kavod malchuto, le olahm vayed!

The V'Ahavtah

Hear, O Yisrael, **יהוה** our Elohim is one **יהוה**.

And thou shalt love **יהוה** thy Elohim with all thine heart, and with all thy soul and with all thy might.

And these words, which I command thee this day, shall be in thine heart: And thou shalt teach them diligently unto thy children, and shalt talk of them when thou sittest in thine house, and when thou walkest by the way, and when thou liest down and when thou risest up.

And thou shalt bind them for a sign upon thine hand, and they shall be as frontlets between thine eyes.

And thou shalt write them on the doorposts of thy house and on thy gates.

The Cup (Kiddush)

Father pours wine or grape juice into goblets.

*(Optional meditation, read by **Father**: “In Hebrew thought, wine represents joy. When we lift the cup of wine, we are thanking יהוה for all the joy that He gives us. Since we are believers in Yahushua (Jesus), we have much for which we should bless Elohim. In the context of this Erev Shabbat time, we are especially thanking the Father for giving us the Shabbat and for giving us true, eternal rest, which we have in Messiah. So, by raising this cup of joy, we are expressing to each other and to יהוה the joy which we have by faith in Messiah.”)*

Baruch atah יהוה Elohaynu Melech ha-olahm, boray pree ha-gafen.

BLESSED ARE YOU, O יהוה, OUR ELOHIM, KING OF THE UNIVERSE,
WHO CREATES THE FRUIT OF THE VINE.

The Bread (Challah)

Father lifts up the Challah loaves, saying:

*(Optional meditation, read by **Father**: “As a blanket of dew covered the double portion of manna in the wilderness every sixth day, so the Challah is covered. Why do we celebrate Shabbat with two Challot? Because as our people wandered in the wilderness, יהוה our Elohim provided all our needs. He is El Shaddai, the All-Sufficient Elohim, and our Provider. During the wanderings in the desert, He provided a double portion of manna on Friday, so we would not have to go out on Shabbat and gather it. Also, the Challah is a symbol of Yahushua, the Bread of Life (Lechem Chaim) – Whose human and divine natures are mysteriously intertwined.”)*

Baruch atah יהוה Elohaynu Melech ha-olahm, ha-motzee lechem meen ha-aretz.

BLESSED ARE YOU, O יהוה, OUR ELOHIM, KING OF THE UNIVERSE,
WHO BRINGS FORTH BREAD FROM THE EARTH.

Blessing for the Mother

*It is customary for the Father to bless the **Mother**, either by:*

- 1) Reading Proverbs 31:10-31 over her, OR*
- 2) Laying hands on her head and giving her a Spirit-led blessing as prompted by the Ruach ha Kodesh (Holy Spirit) OR*
- 3) Singing to the **Mother** the **Aysheet Chayeel**):*

Aysheet Chayeel me yeemtza, me yeemtza, v'ra Khok meep-nee-neem, v'ra Khok meep-nee-neem mee-ch-ra.

Ba-takh bah lave ba-ah-lah, lave ba-ah-lah, lave ba-ah-lah, v'sha-lahl v'sha-lahl v'sha-lahl v'sha-lahl v'sha-lahl v'sha-lahl low yehch shar.

“A woman of valor, who can find, she is worth far more than precious jewels. The heart of her husband safely trusts in her and he profits greatly thereby.”

Blessing for the Children *(done by both parents)*

Sons:

Numbers 6:24-26 – יהוה bless thee and keep thee:

יהוה make His face shine upon thee and be gracious unto thee:

יהוה lift up His countenance upon thee and give thee Shalom.

May יהוה make you like Ephraim and Manasseh.

Daughters:

Numbers 6:24-26 – יהוה bless thee and keep thee:

יהוה make His face shine upon thee and be gracious unto thee:

יהוה lift up His countenance upon thee and give thee Shalom.

May יהוה make you like Sarah, Rebecca, Rachel and Leah.

Mi Chamocha

(sung by all)

Mi Chamocha, Baalim יהוה

Mi Chamocha, nedar ba-Kodesh

Nora tehilot, osi feleh

Mi Chamocha

(English) Who is like unto Thee?

O Yah among the gods?

Who is like unto Thee?

Glorious in holiness,

Fearful in praises,

Doing wonders,

Who is like unto Thee?

The Aleinu

It is our duty to praise the Master of all, to ascribe greatness to His Majesty, the Author of creation; for He has made us unlike the nations of the lands and has not placed us like the families of the earth.

Conclusion:

V'a-nachnu korim u-mistah-kovim umodim, le-fe-nei melech machei ham la-khim, Ha Kadosh Baruch hoo.

Bayom ha-hoo, Bayom ha-hoo, yi-yei יהוה Echad; ush-mo, ush-mo, ush-mo Echad.

We therefore bow in awe and thanksgiving before the One who is sovereign over all, the Holy One, the Eternal, blessed be He!

On that day, יהוה shall be One and His name shall be One. – Zechariah

14:9

Birkhat Cohanim (Aaronic Benediction)
(Given by *Father* or head of household)

Y'varekh khah יהוה v'yish m're-khah.

Ya-eir יהוה panav elei-khah vi-khu-ney-khah.

Yee-sah יהוה panav eyley-khah v'ya sayim lekhah
Shalom!

Numbers 6:24-26 – יהוה bless thee and keep thee:

יהוה make His face shine upon thee and be gracious unto thee:

יהוה lift up His countenance upon thee and give thee Shalom.

Shabbat Shalom!

www.withoneaccord.org